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- and introducing a sparging gas while maintaining the temperature of the batch at a 5 substantially steady level.
 - The method of claim 1, wherein the soft pitch is produced by: 2.
 - providing a batch of coal tar; and (1)
 - heating the batch of coal tar until the batch of coal tar becomes a soft **(2)** pitch.
 - The method of claim 2, wherein: 3. in step (2), the batch of coal tar is heated until it obtains a softening point of between about 40°C to about 80°C.
 - The method of claim 3, wherein: 4. in step (2), the batch of coal tar is heated until it obtains a softening point of between about 70°C to about 75°C.

The method of claim 2, wherein: 5.

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in step (2), the batch of coal tar is heated until it obtains a temperature of about 260° to about 270°C.

- The method of claim 1, wherein the batch is maintained at a temperature of 6. between about 255°C and about 275°C.
- The method of claim 1, wherein the temperature is maintained at a substantially 7. steady level with a temperature variance of no greater than about 10°C.
- The method of claim 1, wherein the sparging gas is steam. 10 8.
 - The method of claim 1, wherein the sparging gas is an inert gas. 9.
 - The method of claim 9, wherein the sparging gas is steam, nitrogen, argon, 10. helium, neon, or mixtures thereof.
 - The method of claim 1, wherein the temperature is maintained at a substantially 11. steady level until the softening point of the batch reaches about 90°C.
- The method of claim 11, wherein the temperature is maintained until the flash 20 12. point of the batch is higher than about 270°C as measured by the Cleveland Open Cup test.

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- 13. The method of claim 1, wherein the flash point in the batch increases at a rate faster than the rate the softening point increases.
- 5 14. The method of claim 12, wherein the flash point is from about 270°C to about 300°C.
 - 15. A method of producing pitch for a carbon or graphite body, comprising:
 - (1) providing a batch of coal tar and providing a still;
 - (2) charging the batch into the still;
 - (3) heating the batch to a temperature to obtain a softening point of between about 70° C to 75° C; and
 - (4) maintaining said temperature at a steady level while introducing a sparging gas into the batch until the Mettler softening point reaches about 90°C, and the flash point of the batch is at least about 270°C as measured by the Cleveland Open Cup Test.
 - 16. An impregnating or binder pitch for a carbon or graphite body having a softening point of about 84°C to about 96°C and a flash point as measured by the Cleveland Open Cup test of higher than about 270°C.
 - 17. The pitch of claim 16, wherein the softening point is about 88°C to about 92°C.

- 18. The pitch of claim 16, wherein the softening point is about 90°C.
- 19. The pitch of claim 16, wherein the flash point is from about 270°C to about
- 5 300°C.

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- 20. A pitch prepared according to the process of claim 1.
- 21. A pitch prepared according to the process of claim 2.
- 22. A pitch prepared according to the process of claim 6.
- 23. A pitch prepared according to the process of claim 11.
- 15 24. A pitch prepared according to the process of claim 12.